



## RC Dance Center Classical Ballet Conservatory Program

Jennifer Thompson-Bosco, *Artistic Director*  
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*Faculty:* Jennifer Thompson-Bosco, Jose Carayol, Laurence Blake, Jerry Kokich, Katie Rose Cunin, Christine Dent, Ami Mattison, Faye Bosco

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The RC Classical Ballet Conservatory follows the American Ballet Theatre's National Training Curriculum. Ms. Bosco, Director of the program, is an affiliate teacher of the American Ballet Theatre's National Teaching Curriculum program. Our experienced faculty has trained with premier dance schools as well as completed teaching programs with master teachers such as David Howard and Finis Jung. Students benefit from a well-rounded curriculum with an emphasis on technique, strength, musicality, artistry, history and health.

Outlined below are the recommended minimum weekly classes for each level. Specialty Workshops, Performance Programs and Summer Intensives round out our program. Yearly assessments offer a review of student progress and appropriate level placement. Mid-year reviews can be requested as deemed necessary.

### Primary Level- Pre-Ballet

Primary A (5yrs) -1-60 minute Technique Class  
Primary B (6 yrs) - 1-60 minute Technique Class  
Primary C (7 years) - 2-60 minute Technique Classes

### Children's Division

<b>1A/B (8 years-old minimum)</b> 2-90 minute Technique Classes	<b>2A/B (9 years minimum)</b> 2- 90 minute Technique Classes Character Class &/or Pre-Pointe
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### **3A/B (10 years minimum)**

3- 90 Minute Technique Classes  
1-Variations &/or, Stretch &/or Pre-Pointe

### Junior Level

<b>4A (11 years minimum age)</b> 3- 90 Minute Technique Classes 1 Master Class 1 Pointe Class	<b>4B (11 years minimum age)</b> 3- 90 Minute Technique Classes 1 Master Classes 1 Pointe Class
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### Pre-Professional Training Program

**5/6/7 (12+ years minimum age)**  
4- 90 Minute Technique Class  
1 Master Class/Variations Class  
1 Pointe Class  
2 Commercial Classes of dancer's choice

### Pointe Shoe Policy

Pointe work requires a high level of strength, focus and physical development. At age 10 young ladies can request to be evaluated for Pointe Shoes. At this stage of a young dancer's life bones and muscles are still forming thus the decision must be approached with care and caution. It is the RC Ballet Conservatory's policy that young ladies under the age of 14 must agree to complete a minimum of 1-year of curriculum classes of their level during their first year on Pointe. The Director and Faculty will also determine the appropriateness of students performing on Pointe on a case by case basis. If after 1-year of curriculum classes it is determined by the Director and Faculty that the student has developed the strength necessary for Pointe work on a modified curriculum students can request a conference with the Director to create a customized schedule. Each student will be handled on a case by case basis as deemed appropriate by their personal physical development. The Director and Faculty have created this policy in order limit injuries and to ensure the safety and well-being of each student.

### Dress Code

Uniforms create unity and are a badge of honor as higher levels are achieved. Undergarments should not be worn as leotards or exposed in class. Nude leotards are available that can be worn under the official uniform for students that would like the modesty of an additional layer of clothing. Skirts may be worn for Pointe. Hair must be securely contained in a bun. Students with their hair not up in an appropriate manner will be asked to leave class until their The RC Ballet Conservatory adheres to the dress code from the ABT National Training Curriculum. The appropriate ABT Uniform must be worn for ABT all Curriculum Examinations. *IDC-ABT Academy Collection* is the provider of the official dance wear. All students must wear uniform to class, matching ABT dance skirts available to be worn in center or during pointe work only.

#### ***Girls:***



#### **Primary A & B-Pre-ballet, *Kinderdance***

##### **Primary C**

##### **Level 1 A/B**

##### **Level 2 A/B**

##### **Level 3 A/B**

##### **Level 4 A/B**

##### **Level 5**

##### **Level 6**

##### **Level 7**

White ABT leotard with attached skirt, pink tights

Pink ABT leotard with attached skirt, pink tights

Mint Blue ABT leotard and pink tights.

Lavendar ABT leotard and pink tights

Fuchia Pink ABT leotard and pink tights

Coblat Blue ABT leotard and pink tights

Plum ABT leotard and pink tights

Navy Blue ABT leotard and pink tights

Black ABT leotard and pink tights

#### ***Boys:***

Black shorts, pants or tights, fitted white t-shirt, white socks and black ballet slippers.



### SHOES

#### ***Character:***

Black character shoes with a 1" heel. Bloch Children's Rhythm 1 Inch Heel Buckle Character Shoe or Capezio Children's 1" Academy Character Shoe is recommended.

#### ***Ballet Slippers:***

Pink leather or canvas ballet slippers for ladies and black for gentlemen. Bloch split sole shoe is recommended.